



## SALADS

Served with grilled pita.  
Add a cup of soup for \$2.50

**CAESAR SALAD** \$5.95  
Crisp romaine lettuce, croutons, creamy Caesar Dressing, and topped with grated parmesan & asiago cheese.

*Add chicken \$2.00 • Add shrimp \$3.00 • Add tempeh \$2.00*

**MEDITERRANEAN SALAD** \$6.95  
Fresh spinach, cucumber, tomato, kalamata olives and feta cheese. Topped with a classic Greek dressing. *Add chicken \$2.00*

**HUMMUS & TABOULI PLATE** \$6.95  
Hummus & Middle Eastern bulgur salad with cucumber, tomato, parsley, and mint. Served on a bed of mixed greens.

**CHICKEN SALAD PLATE** \$6.95  
Chicken, red grapes, tomato, celery, & dill mayo. Served on a bed of mixed greens & garnished with fresh cucumber & tomato.

**FRUIT SALAD PLATE (Available Seasonally)** \$6.95  
Fresh seasonal fruit, toasted nuts and coconut with a light refreshing orange dressing.

## SANDWICHES

Served with tortilla chips and a pickle.  
Add a cup of soup for \$2.50 or a side salad for \$1.75  
Substitute a Wrap in place of bread.

**FIRE-GRILLED VEGETABLE PANINI** \$6.95  
A selection of seasonal vegetables marinated and fire-grilled. Served on our hearty multi-grain bread, topped with provolone cheese and toasted until golden.

**CHICKEN SALAD SANDWICH** \$6.95  
Our famous chicken salad served on our fresh baked Portuguese roll with lettuce and tomato.

**GRILLED DAGWOOD CLUB** \$6.95  
Oven roasted turkey breast, crisp bacon, smoky ham, & swiss cheese served on grilled panini bread, with lettuce & tomato.

**HUMMUS DELUXE SANDWICH** \$6.95  
Homemade hummus, kalamata olives, baby spinach, fresh tomato, grated carrots and dressed with our signature zesty dressing on our multi-grain bread.

**GRILLED TURKEY LAUFORD** \$6.95  
Roast turkey breast, bacon, red onion, swiss cheese, thousand island dressing.

**GRILLED REUBEN** \$6.95  
Choice of corned beef or tempeh on hearty multi-grain bread, piled high with sauerkraut, swiss cheese, thousand island dressing.

**GRILLED SMOKY ARTICHOKE** \$6.95  
Artichoke hearts, roasted red peppers, and provolone cheese, & a smoky Dijon dressing, served on our hearty multi-grain bread.

**WALDORF SANDWICH** \$6.95  
Oven roasted turkey breast and thinly sliced apple topped with a classic Waldorf salad mix and served on our fresh baked Portuguese Roll.

## PIZZA

10" Gourmet Pizzas



**QUATRO FROMAGIO PIZZA** \$8.95  
Savory red sauce topped with asiago, parmesan, mozzarella, and feta cheese.

**FIRE-GRILLED VEGETABLE PIZZA** \$9.95  
Fire-grilled red peppers, artichoke hearts, onion, zucchini, and mushrooms. Topped with our signature three-cheese blend of asiago, parmesan, and mozzarella.

**CHICKEN PESTO PIZZA** \$9.95  
Refried beans, diced green chilies, guacamole, tomatoes, shredded chicken, cheddar and mozzarella cheese.

**WHITE MARGUERITE PIZZA** \$9.95  
Olive oil, roasted garlic, fresh tomato and basil. Topped with our signature three cheese blend of asiago, mozzarella and parmesan.

**PRIMO PESTO PIZZA** \$8.95  
Fresh pesto, roasted garlic, sun-dried tomato, mushroom, artichoke hearts, and red onion. Topped with our signature three-cheese blend of asiago, parmesan, and mozzarella.

**GREEK PIZZA** \$9.95  
Extra virgin olive oil, fresh spinach, tomato, kalamata olives, red onion and four cheeses - asiago, parmesan, mozzarella, and feta.

**ZESTY PEPPERONI PIZZA** \$8.95  
Savory red sauce topped with our signature three cheese blend and zesty pepperoni.

### LUNCH FOR TWO

*Pick one Gourmet Pizza and add two side salads for only \$3.50 more.*

## COOL DRINKS

**FRESH SQUEEZED LEMONADE** \$2.75

**ICED TEA** \$1.75

**ICED COFFEE** \$1.95

**NEW LEAF BOTTLED TEAS** \$2.25

*Peach, Ginseng, Lemon, Honeydew Melon, Black Mojito*

**REED'S GINGER BREW - The Real Thing!** \$1.95

**VIRGIL'S SODAS** \$1.95

*Cream Soda, Rootbeer, Black Cherry Cream Soda*

**TAZO TEAS** \$1.95

*Lemonade, Tazo Berry, Brambleberry, Mango*

**TEAS' TEA (Unsweetened)** \$2.25

*Green Jasmine, Green White, Pure Green, Pure Black*

**FIZZY LIZZY - All Natural Soft Drink** \$1.95

*Northern Lights Cranberry, Costa Rican Pineapple, Ruby Red Grapefruit*

**SPARKLING WATER** \$1.95

**BOTTLED WATER** \$1.50

**ASSORTED SODAS** \$1.95

**ITALIAN SODAS** \$2.95

*Pellegrino Sparkling Water with your choice of Torani Syrup*

**Add Cream for an Italian Cream Soda** \$0.50



## ESPRESSO

Hot or Iced

	Single	Double
<b>ESPRESSO</b>	\$1.45	\$1.75

*Full-bodied and rich, made from dark roast coffee beans*

<b>ESPRESSO MACCHIATO</b>	\$1.55	\$1.85
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*Espresso topped with a dollop of frothed milk*

<b>ESPRESSO CON PANNA</b>	\$1.55	\$1.85
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*Espresso topped off with whipped cream*

<b>ESPRESSO AMERICANO</b>	\$1.55	\$1.85
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*Espresso mixed with additional hot water*

	12oz.	16oz.	20oz.
<b>CAPPUCCINO</b>	\$2.50	\$3.00	\$3.50

*Espresso with equal parts of steamed milk and frothed milk*

<b>CAFÉ LATTÉ</b>	\$2.50	\$3.00	\$3.50
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*Espresso with steamed milk and just a touch of foam*

<b>CAFÉ MOCHA</b>	\$2.75	\$3.25	\$3.75
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*Espresso with steamed milk chocolate and whipped cream*

<b>CHAI LATTÉ</b>	\$2.50	\$3.00	\$3.50
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*Vanilla or spiced decaf*

**Extra shot of Espresso or Flavored Syrup** \$0.50

## HOT DRINKS

	12oz.	16oz.	20oz.
<b>COFFEE - Hot or Iced</b>	\$1.40	\$1.65	\$1.85

*Regular, Flavored, Decaf or Fair Trade - Locally roasted from Finger Lakes Coffee Roasters*

<b>HOT APPLE CIDER (SEASONAL ONLY)</b>			\$1.75
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*Locally grown and pressed by E.H. Lain Cider Mills*

<b>HOT CHOCOLATE</b>	\$1.95	\$2.45	\$2.95
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*White or Chocolate*

<b>STEAMERS</b>	\$1.95	\$2.45	\$2.95
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*Steamed milk with your choice of flavored Torani syrup*

## SMOOTHIES & MORE

<b>FRUIT SMOOTHIES</b>	\$4.95
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*Made with real fruit, yogurt and juice*

<b>FRUIT SLUSHIES</b>	\$2.95
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*Made with your choice of flavored Torani syrup.*

<b>FROSTED LATTÉ</b>	\$3.95
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*Coffee, Vanilla, Caramel or Mocha*

<b>FROSTED CHAI</b>	\$3.95
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*Vanilla or Spiced Decaf*

<b>ICE CRÉME</b>	\$3.95
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*A frozen shake with Vanilla Bean or Belgian Chocolate*

*All items on this menu are available for delivery.*

*Delivery Charge \$3  
Minimum \$20*

